



ADHD

SCHOOL

PLANNER



This Book Belongs To

Physical Activity Log

Task	S	M	T	W	T	F	S
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Notes

My Timetable

Week:

Month:

Time	Monday	Tuesday

My Timetable

Week:

Month:

Wednesday

Thursday

Friday

Weekly Planner

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Notes :

Monthly Planner

Month:

Year:

Monday

Tuesday

Wednesday

Thursday

Monthly Planner

Month:

Year:

Friday

Saturday

Sunday

Notes

Yearly Planner

January

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February

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March

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April

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May

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June

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July

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August

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September

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October

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November

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December

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January

Monthly Goals





Events

Notes

February

Monthly Goals

	
	
	

Events

Notes

March

Monthly Goals





Events

Notes

April

Monthly Goals

	
	
	

Events

Notes

May

Monthly Goals

	
	
	

Events

Notes

June

Monthly Goals

	
	
	

Events

Notes

July

Monthly Goals

	
	
	

Events

Notes

August

Monthly Goals





Events

Notes

September

Monthly Goals

	
	
	

Events

Notes

October

Monthly Goals

	
	
	

Events

Notes

November

Monthly Goals

	
	
	

Events

Notes

December

Monthly Goals

	
	
	

Events

Notes

Morning Checklist

	<input type="checkbox"/>

Evening Checklist

	<input type="checkbox"/>

To Do List

Activity	Done
-----	<input type="checkbox"/>

My Bucket List

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School To Do List

Name:

Class:

Assessment

Today's Homework

Lesson Plan

Lesson Topic	Subject
	Class
	Grade
Learning Objects	Motorial
Activity Summary	
Homework Task	Assignment

Assignment Tracker

Topic

Due:

Date:

Objectives

Resources

Ideas

Progress

#	Action Step	Due	Done
			<input type="checkbox"/>

Books List

Title & Author	Subject	Resource

Notes

Book Review

Book Title

Author

Page Length _____

Fiction Non-Fiction

Genres

Reading Status
Date Started _____
Date Finished _____

The Book in one
Sentence

Rating



My favorite quote

Review

Study Task List

Subject

■	_____
■	_____
■	_____
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Subject

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Homework Tracker

Month:

Week:

Monday	Tuesday	Wednesday	Thursday	Friday

Cleaning Task

Bathroom

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Kitchen

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Living Room

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Bedroom

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Hallway

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Others

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Favourite Quotes

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